

WINTER 2018 CLASSES

10:00 AM to 11:00 AM

Older But Still Getting Wiser

Older But Still Getting Wiser has been a hit this session and we plan to keep right on going into the Winter. We are thrilled to have Brandt Ross returning to offer four classes in February. He will discuss "The Erie Canal, Kit Carson, The Dust Bowl and Andrew Jackson, bringing his very own style to a discussion of history, including contemporaneous folk music. Dr. Lois Ricci will be with us this session, talking about issues of aging and Lifelong Communities. We will have a session to provide more information about aging in place and plan to have representatives from the Aging in Place Council. It's going to be awesome.

The Classics

We will tackle literature, art history and spirituality in the combination series. Camilla Cruikshank will present the first four weeks, with a class on Women Writers. This class will focus on the work of four 20th century women writers, and how their work explores culture, ethnicity, and American identity. Also, we will discuss in what ways their characters reflect the author's personal issues and social environment. Authors might be Flannery O'Connor, Zora Neale Hurston, Leslie Marmon Silko, and Eudora Welty. In addition to Camilla, Marilyn Morton is returning to offer a discussion of classical and neo-classical art, in the spirit of The Classics.

The Power of Movement—Tina Rasheed and Lori Trachtenberg

Lori and Tina will combine their talents to offer an 8-week session on the importance of movement as we age. Tai Chi and Ageless Grace are both tremendous tools for healthy aging. If this class is included in the registration, an additional \$25 fee will be added. The fee to register for ONLY this class is \$50.

11:15 AM to 12:15 PM

More Words the Moved a Nation Part 2 – Richard Botter

We have all enjoyed Richard Botters' discussions about our country's history and all of the historical figures that influenced the direction of our country. There is so much more to talk about and he has agreed to return to do just that. He will be using some video material to enhance the discussion. Plan to join this great class.

Great Decisions – Dusty Miller and Ray Nixon

Join Ray and Dusty as they lead a discussion of Great Decisions 2018, published by the Foreign Policy Association. Topics will include The Middle East, The Rise of Isis, and Migration – to name just a few. The book is \$22. **Please add the cost of the book on your registration form under payment.**

I Remember – Rosemary Glenn and Jerry Sawyer

The group for I Remember has gotten smaller, but their support of each other's writing never fails. Feel free to join any week you wish to get support for your writing and telling your story.

Line Dancing—Rose Haven

Join the fun as Rose Haven leads low risk, low impact line dancing to get both your mind and body active. There is a fee of \$25 with registration, or \$50 for Line Dancing only.

1:30 PM to 2:30 PM

iPhone and iPad Class—Peggy Palmiter

Our own Peggy Palmiter will be teaching about both the iPhone and the iPad. Bring your device and learn how to tame the beast. Several of our students from this session want to return and we welcome any additional folks who want to join in .

Mahjong

Want to play Mahjong? Want to learn Mahjong? Come on in and see what it's about.

Mahjong free with Winter Session Registration or \$50 for Mahjong Only!

LIFESPAN Academy Registration - 2017 Winter Classes - January 11th through March 1st
 Send all registrations & checks to: LIFESPAN 3003 Howell Mill Rd. NW, Atlanta, GA 30327 - 404-237-7307

Name _____ Phone _____
 Address _____ City _____ Zip _____
 Email: _____ Congregation _____
 First-time participant? Yes No

PLEASE SELECT YOUR CLASSES:

10:00 am to 11:00 am	
Older But Still Getting Wiser Series	
The Classics - Literature, Art History and Spirituality	
Movement Class - Tai Chi and Ageless Grace	

11:15 am to 12:15 pm	
Richard Botters - Another chapter in history	
Great Decisions—Ray Nixon and Dusty Miller— ORDER BOOK BELOW	
I Remember—Rosemary Glenn and Jerry Sawyer - Author support	
Line Dancing—Rose Haven	

1:30 to 2:30 pm	
iPad and iPhone Class—Peggy Palmiter	
Mahjong	

PAYMENT—Please check all that apply:

CLASSES:		
Great Decisions Book	\$22.00	
Full day of classes for all 8 weeks	\$59.00	
Full day of classes AND any 1 or 2 of the activity classes: Line dancing, Tai Chi, or Ageless Grace (includes additional \$25)	\$84.00	
Any ONE CLASS for 8 weeks	\$50.00	
Pay per week—first payment for January 12th	\$10.00	

LUNCH:		
Lunch for all 8 weeks	\$76.00	
Lunch for first class and weekly there after	\$ 9.50	
Teacher Lunch Donation	\$ 9.50	

DONATION		
Donation to Lifespan		
Total—Please add up all the items checked above.		
TOTAL		