

Menus for the Summer 2019 Session of Lifespan Academy

July 11th – Taco Bar: Beef or Chicken, Black Beans, Spanish Rice, Toppings: Sour cream, salsa & cheese.

July 18th – Spaghetti with meat and marinara sauce, salad and roll.

July 25th – Grill out! Hot dogs and hamburgers with all the fixins and potato salad.

August 1st – Fried Chicken, mashed potatoes, green beans, salad and roll.

August 8th – Sandwiches: chicken salad and pimento cheese, chips.

August 15th – Beef stroganoff, green beans and roll.