

LIFESPAN Academy Registration - 2020 Winter Classes - January 9th through February 27th, 2020
 Peachtree Road United Methodist Church, 3180 Peachtree Rd NE, Atlanta, Ga 30305
 Send all registrations & checks to: LIFESPAN 3003 Howell Mill Rd. NW, Atlanta, GA 30327 - 404-237-7307

Name _____ Phone _____
 Address _____ City _____ Zip _____
 Email: _____ Congregation _____
 First-time participant? Yes No

PLEASE SELECT YOUR CLASSES:

10:00 am to 11:00 am	
Great Decisions—Ray Nixon— ORDER BOOK BELOW	
French for Fun - Nayera Salam	
Tai Chi- Tina Rasheed	
11:15 am to 12:15 pm	
On the Road Again- Historic Highways in the United States - Richard Botters	
Your Creative Side: A potpourri of creative activities	
Line Dancing—Rose Haven	
1:30 to 2:30 pm	
TOAST classes: Apple and Android - Peggy Palmiter and Gene Rubel	
Chair Yoga - Susan Hills	
Ukulele Group - Lead by Mary Crook	
Mahjong	
Hand and Foot - the card game - not the disease	

PAYMENT—Please check all that apply:

CLASSES:		
Great Decisions Book	\$25.00	
Full day of classes for all 8 weeks	\$59.00	
Full day of classes AND any 1 or 2 of the activity classes: Line dancing, Tai Chi, or Yoga (includes additional \$25)	\$84.00	
Any ONE CLASS for 8 weeks	\$50.00	
Pay per week non-activity class	\$10.00	
Pay per week - any activity class	\$13.00	
Bread and Butter - Atlanta Theatre to Go Performance	\$10.00	

LUNCH:		
Lunch for all 8 weeks	\$76.00	
Lunch for first class and weekly there after	\$10.00	
Teacher Lunch Donation	\$10.00	

DONATION		
Donation to Lifespan		
Total—Please add up all the items checked above.		
TOTAL		

Winter Session 2020 - Description of Classes
Peachtree Road United Methodist Church, 3180 Peachtree Rd NW, Atlanta, GA 30305

10:00 am to 11:00 am

French for Fun - Nayera Salam

Nayera is back with her second session of French for Fun. She will be using some of the same dialogues from the Fall Session and it's your chance to get more fluent with your French.

Great Decisions: Ray Nixon

Ray has graciously agreed to lead our Great Decisions class this winter and we appreciate his commitment to Lifespan. Here are the topics that the Foreign Service Association says are on tap for Great Decisions 2020. Everyone is advised to pre-order the book for this class at a cost of \$25.

- *Climate Change and the Global Order*: by Ronald Bee
- *India and Pakistan*: by Barbara Crossette
- *Red Sea Security*: by David Shinn
- *Modern Slavery and Human Trafficking*: by Ronald Weitzer
- *China's Road into Latin America*: by Margaret Myers
- *U.S. Relations with the Northern Triangle*: by Michael Shifter & Bruno Binetti
- *The Philippines and the U.S.*: by Julio Amador and Deryk Matthew N. Baladjay
- *Artificial Intelligence and Data*: by Susan Ariel Aaronson

Tai Chi: Tina Rasheed will be joining us again to offer her Tai Chi classes. We look forward to having Tina with us again.

11:15 am to 12:15 pm

On The Road Again - Richard Botters: Richard is going to take us on a trip across America on our historical highways. We can't wait to see which highway he picks first.

Get Creative: We have lots of ways for you to exercise your creativity, from photo albums to Japanese flower arranging, to learning a new skill. We will have more details to come.

Line Dancing: Our Rose Haven is back! Let's get to stepping with our line dancing moves!

1:30 pm to 3:00 pm

Chair Yoga - Susan Hills - Let our own Susan show you the benefits of Yoga. Don't worry, you won't have to make your way up and down from the floor, but don't think you won't be moving. Come and do Yoga for your afternoon wind down.

Ukulele Group - Our ukulele players are continuing to play and sing on. We are working to reach out to the people who love learning the ukulele. Spread the word and come join us.

Mahjong - Come to play and learn.

TOAST Classes: Peggy and Gene will be offering Apple and Android classes. Between the two of them, they plan to offer both Apple and Android classes in the afternoons.

Hand & Foot: Canasta based card game. Come out and play and see who can get rid of their foot first.

**WE WILL START OFF OUR WINTER SESSION WITH A PERFORMANCE OF
ATLANTA THEATRE TO GO'S HOLIDAY MUSICAL - BREAD AND BUTTER**

We have added a \$10 contribution to the registration for the Winter session so you can enjoy this musical during our lunch on January 9th.